

## Waka Ama Sprint Nationals Progressions 2023

### W6 & W1 Straight (12 lanes, seeding heat)

#### 1 Heat (1 - 12 teams)

Seeding Heat	1st, 2nd, 3rd + Next Fastest times	Final
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#### 2 Heats (13 - 24 teams)

Heat 1	1st, 2nd, 3rd + Next 6 Fastest times	Final
Heat 2		

#### 3 Heats (25 - 36 teams)

Heat 1	1st, 2nd, 3rd, 4th + Next 12 Fastest times	Semi 1	1st, 2nd, 3rd + Next 6 Fastest times	Final
Heat 2		Semi 2		
Heat 3				

#### 4 Heats (37 - 48 teams)

Heat 1	1st, 2nd, 3rd + Next 12 Fastest times	Semi 1	1st, 2nd, 3rd + Next 6 Fastest times	Final
Heat 2		Semi 2		
Heat 3				
Heat 4				

#### 5 Heats (49 - 60 teams)

Heat 1	1st, 2nd, 3rd + Next 9 Fastest times	Semi 1	1st, 2nd, 3rd + Next 6 Fastest times	Final
Heat 2		Semi 2		
Heat 3				
Heat 4				
Heat 5				

## 6 Heats (61 – 72 teams)

